





**KOREAN SECTION – Secondary**

# KIS LUNCH AUGUST 2026 (tentative)

	 <b>Wednesday 26/8</b>	 <b>Thursday 27/8</b>	<b>Friday 28/8</b>
Meal A	Old South coca cola pork and roasted potatoes with braised mix cabbages	Chicken buffalo pizza with Chef salad	Greek fish fillet and buttered rice with provencale tomatoes
Meal B 	Blueberry & brie cheese baguette weekly combo	Blueberry & brie cheese baguette weekly combo	Blueberry & brie cheese baguette weekly combo
Meal C 	Vietnamese tomato tofu and steamed rice with braised mix cabbages	Cauliflowers buffalo pizza with Chef salad	Vegetarian chow mein with tofu and mix veggies

Dishcovery



Korean taste



Sandwich + drink



No-meats



Pizza-Mania



Fun foods





Taste Trek



KOREAN SECTION – Secondary

# KIS LUNCH AUGUST 2026 (tentative)

<u>Monday 31/8</u>	
Meal A	Korma chicken and steamed rice and garden vegetables
Meal B 	Hong-Kong club sandwich weekly Kombo
Meal C 	Vegetarian Mac & cheese with garden vegetables

Dishcovery



Korean taste



Sandwich + drink



No-meats



Pizza-Mania



Fun foods







Taste Trek



KOREAN SECTION – Secondary

# KIS LUNCH SEPTEMBER 2026 (tentative)

	<u>Tuesday 1/9</u>	<u>Wednesday 2/9</u>	 <u>Thursday 3/9</u> 	<u>Friday 4/9</u>
Meal A	Pulled pork carnitas and pasta with Mexican corn	Teriyaki chicken and noodles with braised cabbages	Croque-Monsieur and French fries with Chef salad	Thai fish curry and rice with roasted cherry tomatoes
Meal B 	Club Hong-Kong sandwich weekly Kombo	Club Hong-Kong sandwich weekly Kombo	Club Hong-Kong sandwich weekly Kombo	Club Hong-Kong sandwich weekly Kombo
Meal C 	Japanese mix veggies curry and rice with Mexican corn	Bolognese lentils and pasta with braised cabbages	Croque-Madame and French Fries with Chef salad	Frittata Tomato cheese with pasta and roasted cherry tomatoes

Dishcovery



Korean taste



Sandwich + drink



No-meats



Pizza-Mania



Fun foods







Taste Trek



KOREAN SECTION – Secondary

# KIS LUNCH SEPTEMBER 2026 (tentative)

	<u>Monday 7/9</u>	 <u>Tuesday 8/9</u>	<u>Wednesday 9/9</u>	 <u>Thursday 10/9</u>	<u>Friday 11/9</u>
Meal A	Beef Bolognese and spaghetti with roasted bell peppers	Chicken Dakgalbi and rice with Korean eggplants	Pork Al Pastor and roasted potatoes with green peas-carrots	Korean chicken BBQ pizza with Chef salad	Sole Meuniere with pasta and steamed cauliflowers
Meal B 	Panini Mozzarella & basil weekly Kombo	Panini Mozzarella & basil weekly Kombo	Panini Mozzarella & basil weekly Kombo	Panini Mozzarella & basil weekly Kombo	Panini Mozzarella & basil weekly Kombo
Meal C 	Vegetarian Mee-Goreng and noodles with roasted bell peppers	Eggs pesto Parmesan and pasta with Korean eggplants	Korean vegetables bulgogi and steamed rice with green peas-carrots	Korean kimchi & corn BBQ pizza with Chef salad	Mapo tofu and noodles with steamed cauliflowers

Dishcovery



Korean taste



Sandwich + drink



No-meats



Pizza-Mania









Fun foods



Taste Trek



# KIS LUNCH SEPTEMBER 2026 (tentative)

	<u>Monday 14/9</u>	 <u>Tuesday 15/9</u> 	<u>Wednesday 16/9</u>	 <u>Thursday 17/9</u> 	<u>Friday 18/9</u>
Meal A	Kung Pao chicken and steamed rice with curry carrots	Pork carbonnara parmesan and spaghetti with pesto zucchini	Roasted chicken tandoori and noodles with Korean cheese corn	N.Y Hot-dog and French fries with Chef salad	Vietnamese turmeric fish and rice with sesame cauliflowers
Meal B 	Nicoise tuna weekly Kombo	Nicoise tuna weekly Kombo	Nicoise tuna weekly Kombo	Nicoise tuna weekly Kombo	Nicoise tuna weekly Kombo
Meal C 	Veg. Meat balls with pasta and Indian curry carrots	Mushrooms rendang and steamed rice with zucchini pesto	Eggs in purgatory and pasta with Korean cheese corn	Gochugang Veg Hot-dog and French fries with Chef salad	Roasted Arabian minty chick peas and pasta with sesame cauliflowers

Dishcovery



Korean taste



Sandwich + drink



No-meats



Pizza-Mania








Fun foods



Taste Trek



# KIS LUNCH SEPTEMBER 2026 (tentative)

	<u>Monday 21/9</u>	<u>Tuesday 22/9</u>	<u>Wednesday 23/9</u>	 <u>Thursday 24/9</u> 	 <u>Friday 25/9</u>
Meal A	Beef chilli con carne and pasta with crusted tomatoes	Mongolian chicken and noodles with balsamic beetroot	Pork ragu parappadelle and roasted potatoes with broccolis Alfredo	Chicken Greek pizza with Chef salad	Soy glazed fish and steamed rice with cauliflowers
Meal B 	Tofu spicy wrap weekly Kombo	Tofu spicy wrap weekly Kombo	Tofu spicy wrap weekly Kombo	Tofu spicy wrap weekly Kombo	Tofu spicy wrap weekly Kombo
Meal C 	Veg Korean veg pancake and noodles with crusted roasted tomatoes	Turkish eggs and pasta with balsamic beetroot	Coconut Thai curry tofu and steamed rice with broccolis Alfredo	Marguerita veg pizza with Chef salad	Veg quesadillas spinach and pasta with roasted paprika cauliflowers

Dishcovery



Korean taste



Sandwich + drink



No-meats



Pizza-Mania



Fun foods





Taste Trek



KOREAN SECTION – Secondary

# KIS LUNCH SEPTEMBER 2026 (tentative)

	<u>Monday 28/9</u>	<u>Tuesday 29/9</u>	<u>Wednesday 30/9</u>
Meal A	Roasted chicken korma and noodles with roasted garlic green beans	Apple creamy pork slice and pasta with carrots Vichy	Water Sports Day
Meal B 	Classic's Parisian baguette Kombo	Classic's Parisian baguette Kombo	
Meal C 	Marry me chick peas and pasta with roasted garlic green bean	Pad Thai rice eggs/mix veggies and carrots Vichy	

Dishcovery



Korean taste



Sandwich + drink



No-meats



Pizza-Mania



Fun foods



Taste Trek

